

JANUARY 2023



Happy New Year!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:00 Sunday Believers' with Paul Belfort	2 9:00 Walker's Club 11:00 Energetic Exercise 1:00 MOVIE 3:00 Meditation 6:00 RA Bingo	3 9:30 BANKS 11:00 Everybody's Yoga with Dana 1:00 Rite Aid/CVS 1:15 CLINIC: BP Checks 3:00 Meditation	4 9:00 Walker's Club 10:00 Energetic Exercise 10:00 GIANT 11:00 Fit For Life with Dana 12:30 Bible Study 1:00 GIANT 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation	5 10:00 Chat Room 11:00 ZUMBA with Ed 12:30 Second Harvest 2:00 Church (Spanish) 3:00 Meditation- Exercise Room 5:00 Vineyard	6 9:00 Walker's Club 10:00 Meditation 11:00 Energetic Exercise 11:00 SPEAKER: Senior Life 2:00 Stitching with Nena	7 8:30 RA COFFEE & DONUTS 12:30 RA Pinochle
8 11:00 Sunday Praise with David Garcia - CANCELED 1:00 Sunday Believers' with Paul Belfort	9 9:00 Walker's Club 11:00 Energetic Exercise 1:00 SPEAKER: Care Patrol 2:00 MOVIE 3:00 Meditation 6:00 RA Bingo	10 11:00 Everybody's Yoga with Dana 2:00 GENERAL MEETING 3:00 Meditation	11 9:00 Walker's Club 10:00 Energetic Exercise 11:00 Fit For Life with Dana 12:30 Bible Study 1:45 LM BINGO 2:00 Pastor Movie 3:00 Meditation	12 10:00 Chat Room 11:00 ZUMBA with Ed 2:00 Church 3:00 Meditation- Exercise Room	13 9:00 Walker's Club 10:00 Meditation 11:00 Energetic Exercise 12:30 CLINIC: OAA 2:00 Stitching with Nena	14 5:00 RA Soup/HotDogs
15 1:00 Sunday Believers' with Paul Belfort	16 OFFICE CLOSED 9:00 Walker's Club 6:00 RA Bingo	17 9:30 BANKS 11:00 Everybody's Yoga with Dana 1:00 ENTERTAINMENT: Frank&Friends 1:00 WEIS 2:00 Snacks/IceCream Sales 3:00 Meditation	18 9:00 Walker's Club 9:30 Diner 248 10:00 Energetic Exercise 11:00 Fit For Life with Dana 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation	19 9:00 CLINIC: Eye 10:00 Chat Room 10:00 Dollar Tree 11:00 ZUMBA with Ed 1:00 Dollar Tree 2:00 Church 3:00 Meditation- Exercise Room	20 9:00 Dutch Apple 9:00 Walker's Club 10:00 Meditation 11:00 Energetic Exercise 2:00 Stitching with Nena	21 9:00 Resident's Association BREAKFAST

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 1:00 Sunday Believers' with Paul Belfort	23 9:00 Walker's Club 11:00 Energetic Exercise 11:00 Windcreek Outlets 1:00 MOVIE 2:00 Pat's Bistro 3:00 Meditation 6:00 RA Bingo	24 Inspection of Floors 11,10,9 10:00 Valley Farm Mkt 11:00 Everybody's Yoga with Dana 1:00 Valley Farm Mkt 2:00 Church 3:00 Meditation	25 Inspection of Floors 8,7,6 9:00 Walker's Club 10:00 Board & Brush 10:00 Energetic Exercise 11:00 Fit For Life with Dana 12:30 Bible Study 1:00 Carrabba's 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation	26 Inspection of Floors 5,4,3 10:00 Chat Room 10:00 Hershey Gardens 11:00 ZUMBA with Ed 1:00 Primanti Bros 2:00 Church 3:00 Meditation- Exercise Room	27 Inspection of Floors 2, 1 9:00 Walker's Club 10:00 Allentown Farmers Market 10:00 Meditation 11:00 Energetic Exercise 1:00 Ritz Barbecue 2:00 Stitching with Nena	28 Staff Birthdays: No January Babies
29 1:00 Sunday Believers' with Paul Belfort 4:00 RA SOCIAL	30 9:00 Walker's Club 10:00 WALMART 11:00 Energetic Exercise 1:00 ENTERTAINMENT: Food Tasting 1:00 MOVIE 1:00 WALMART 3:00 Meditation 6:00 RA Bingo	31 10:00 SPEAKER: Parkinson's Disease 11:00 DoughBoys 11:00 Everybody's Yoga with Dana 3:00 Meditation				

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